

2024 Timeline of Attacks

I ASK KINDLY TO PLEASE SPREAD THE WEBSITE, ALL HANDBOOKS, STUDY MATERIALS AND VIDEOS LIKE A DIVINE WILD FIRE TO ANYBODY THAT YOU KNOW THAT MAY BENEFIT FROM THE INFORMATION THAT IS BEING MADE AVAILABLE. THE TSDB LIST NEEDS MORE EXPOSURE, DOCUMENTATION, CIRCULATION OF KNOWLEDGE, ABSOLUTE ACCOUNTABILITY. THIS IS HOW WE ARE GOING TO DISMANTLE THE LIST FOR ALL INVOLVED. I CONSECRATE MY LIFE TO SERVING THE CHRISTOS MISSION AND THE RESTORATION OF FREEDOM AND PLANETARY LIBERATION.

I ASK THAT IF YOU ARE ABLE TO DONATE PLEASE CONSIDER DONATING TO THE PLATFORM AS WE ARE USING ALL RESOURCES TO CONTINUE TO PROVIDE HANDBOOKS AND ASCENSION TOOLS FOR HUMANITY. YOUR DONATION WILL MAKE A HUGE DIFFERENCE! TRUTH OF RIZA DOES NOT HAVE A SOCIAL MEDIA PRESENCE, ADS OR INVOLVEMENT WITH THIRD PARTY GROUPS BY INTELLIGENT DESIGN. I WILL ALWAYS STAND FOR HUMANITY'S FREEDOMS. FOR OTHER TI'S, WE ARE IN THIS TOGETHER. LET'S EXPOSE EVERYTHING POSSIBLE THROUGH DIVINE STRENGTH AND COURAGE! WE ARE VICTORIOUS, GLEAMING IN SOLAR LIGHT!

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Florida (Venice)JAN2024

- Hosts ordering packages to our location and picking them up really late at night , passed midnight (privacy disrupted) people picking up packages really loud on front porch 2 AM. New year's night , drunk & vaccinated
- Hosts coming by the house un announced. After discussing that we need more than 24 hrs inadvance to be notified that you need to come by the house. Hosts still ignored our requests. The hosts came by the house to "check " on the house several Times, unannounced , doing yard work and trying to clean the yard without telling us. Just showing up randomly. And the woman kept wanting to meet me, each time I told her I was absolutely unavailable. They replied that I was acting weird since I didn't want to meet. So many times where I see hosts just nonstop want to see and meet me(Riza)
- Noise campaigns through cars , planes , loud people blaring music all the time, honking their cars, shouting rude things out the car.
- CIA type black car spying (I decidedly like they were doing some type of electronic surveillance, spying) the car pulled up to the house , watched us overnight until I saw the car out the window and popped a 12D shield on the car. Car then drove away immediately. IMMEDIATELY.
- Spy hawks / doves. Birds that fly with cameras hooked up to them. The cameras can be seen Inter-dimensionally.
- Military helicopters using Anti-HG , to induce fighting and anger , these helicopters had demonic essences attached to the helicopters and would spray various implants all over the

- house that would attack our light body and the amount of solar plasma we could run.
- military Grade Chemical Gassing (no running water, can't shower ,)gassing went on for 1 week until it got unbearable.
 - Cash grab (6k) forced leaving due to military grade chemical gassing. When asking the hosts if the house smelled foul they said everything was fine. I was puzzled?? It wasn't until I learned about military gassing and chemical warfare that it all clicked in for me.
 - Husbands grandmother got killed by these people who deploy the attacks, demonic essences took my husbands grandmother. A day before this happened I was having death threats via V2K about my biological family and my husbands and the V2K said that if I don't stop what I am doing I will kill everyone you know. Loud and clear like someone talking into a microphone.
 - Entire biological family got mind controlled to put in a fake missing person report after just recently talking to them two weeks ago. They put the missing persons report in because they were worried about my safety with my husband. They completely defamed my husband and connected him to sex trafficking on the police report. death threats to family, if I talk to my family Negative aliens (NA) will kill them. (my husbands grandmother got killed by the NA so we shut down all contact with family members and blocked all of them from having any contact with us)
 - Police calling phones from missing persons report name now all in the system and it was nuts to see so much defamation.
 - Timeline Rip, all of the above happened in ONE Day ! Being chemically gassed out of a house, cash grabbed 5k , hosts coming into the house unannounced, family members texting us worried about trying to get close to us(they were all blocked) police calling about the missing persons report, driving to a new place that was booked in 30 minutes. Driving 5 hours to a new location. Packed everything up in like 20 minutes because the hosts was coming to the house randomly. Had to leave that place. I mean it was total chaos everything was blowing up around me.
 - This was when black military helicopter and helicopters would come over the house at-least 2-3 times a day , daily.
 - This is the place I evicted the demon from the genital mutilation surgery also known as circumcision surgery.

****All of this is military based targeted weaponry****

Driving On route to next place :

- a complete set up. Cop said we were driving almost 75 on a 35. I know we were driving 40. When talking to the cop she was extremely rude , wouldn't show us the radar in which she caught us going 75. Wouldn't give any evidence as to how we were going 75. She then handed us a fake speeding ticket after standing up for ourselves. Told us we didn't have to go to court because she wanted to be nice. She then touched my hand and my diamond throat complex that I had been working on building, the entity behind this lunar woman giving us a speeding ticket went right into my vessel as a full blown attack. We grabbed the ticket and drove away as quick as possible. I had to do a spiritual deliverance with guardian host function to evict the demonic essence and then go retrieve my anointed diamond dragon

tongue complex for Mother Dragon Dialects

- Fake Speeding ticket, set up - ripped out diamond throat complex , cash grab 200\$ after being gassed out the house, cash grabbed of 5k, and family members literally spiraling when they hadn't talked to me for only TWO WEEEEKSS!!!! I also texted the entire family what was going on. I knew that if I kept having communication with my family that they would get killed. It is nothing for these forces to set up a coincidental car crash, targeted heart attack, turn the kill switch on the vaccine that they had.... Plus I already saw it happen with my husbands grandmother. That really made me look at everything way deeper because they 100% killed her. They being NA red cube / black cube warfare

Florida (Inlet Beach) FEB2024

- AI Terradactyls perched on cell towers beaming red pulses and red cube mindcontrol sets. A black dragon, dinosaur - terradactyl perching on all cell phone towers connected to 5G beaming the back of your head 24/7 and sending out red and black cube sets of mind control
- Immediately upon arriving people working in the yard "fixing the electricity "
- Tesla being used as a spy car - parked right in front of house with etheric cameras attached
- Spy cameras everywhere placed everywhere(etherically, these were all not seen to the human eye)
- Mind control neighbor to touch trashcans and pull them to the house after thirty minutes of the trash coming. Always touching our stuff trying to be niceall of these neighbors just started doing nice things- coming to the door wanting to meet us. Oh nice this and nice the other. No please leave us alone, please back away from my place with your vaccinated nano sensor blood. ***sometimes I can actively feel people's blood or sensors scanning for Christos coding***
- Cell phone tower not far at all from home we were staying at 0.3 miles from house.
- Noise campaigns , building houses as soon as we move in. Loud. popping of house from satellite. EMF Earthquakes for scare tactics. A lot of noise campaigns.
- Black military helicopters using all weaponry
- This is where microwaving started daily Genitals & lips being microwaved. Microwaved urethra opening, labias, entrance of vaginal canal, microwaving testicals until skin started sloughing off.
- Shut down Att&t for 5 hours - couldn't use phones to contact anyone. USA wide. It was during a time where I really needed to reach out to someone and our phones cut off completely. The timing was ... weird.
- Wifi router being installed next door(6g). This WiFi router was extremely strong. They used a 6g mesh system.

(Forced out , due to wifi beam steering)

Segway to our inner genders being MK Ultra Mind Controlled. They tried to take my inner genders off to another planet as well as scan with the WiFi my connection to Guardian Consciousness. All communication links were severed until we could get away from the high powered WiFi router mesh system next door. I drove to a grocery store lot in order to hear our Christos family again for our next step.

- Cash grab 2,500\$ couldn't get full refund and couldn't stay there due to the 6g wifi router beam steering.
- So far total of cash grab has been like 8/9k through our entire journey of experiences with this list. Our finances have absolutely been depleted, -9k is a big difference. We always have to fight to get our money back it's like pulling teeth from these people. They all just never want to give refunds.
- My inner genders, when I would go conversate with them they would have a black butterfly over their mouth, black thymus implant and a blackened heart. I had to keep clearing these off of my inner gender principles in order for them to communicate with me what I needed to thrive. Eventually I noticed demonic essences literally kidnapping my inner gender essences and taking them away. They would always use microwave emf satellite weaponry targeted towards my crystal diamond heart complex. Physically this felt like someone taking a laser to my heart and burning it but no marks were left. It felt like my heart was getting cooked internally. This was a spiritual attack on my inner solar female and inner solar masculine. I had to go into the borgha fallen phantom matrix in order to retrieve my gender principles or parts of my soul that they were trying to be uploaded into some digital realm that I'm still figuring out. They used the satellite to burn some type of arm access band in order to even bring my genders into the phantom spaces. This is why they were targeting my heart. The microwave and emf burns are extremely dimensional. Beings can wave ride the EMFs. Once I got my inner genders back Guardian host assisted me in protecting my principles from the access of negative aliens from my inner godseed through indestructible rooms at my heart level.

*** through all of this my husband went through the worst forms of defamation. Through changing physical body templates forcibly these people Controlling interdimensional weaponry connected to demonic essences forced about 70 pounds onto my husbands body creating stretch marks all over him, the in ability to work out, they created some type of blood flow problem, all vascularity went away and they physically tried to feminize him by forcing extra weight on his hips, belly , and buttocks. This +70 pounds happened in 3 months, as well as creating a thin far back hairline forced and balding. When my husband tries to workout or work the weight off microwave weapons will start targeting his bones, and then the soreness form working out would increase like a million times as if you have arthritis and cant move your bones correctly***

I am still learning about how weaponry connected to demonic spirits were even able to do this in the first place against my husband's will. This is not my husband's doing.

Florida (Vernon)MAR1-4 2024

- Etheric cell phone tower attempt installation
- Leaving place : dogs being used as trackers, people pulling over to check on us. Would not leave us alone. We only pulled over to fix our gps and which direction we were headed. People pulled over to "check if we were okay " three times. We then only pulled over at local places to be on the phone. I keep seeing since being on this list that people try to get as

close as possible to me - when I really just want my privacy and be left alone. Like let me just be alone and away from people. Even when I was living on a property with 450 acres the hosts still wanted to meet and greet with us as well as work on the property while we were there. The vaccine that is injected into people allows the nervous systems to be completely controlled by demonic essences and then when I interface with people who are vaccinated I am really interacting with demons being extremely rude and trying to get as close as possible to me. The people that pulled over to check on us were vaccinated and their biology kept spitting black carbon astral goo , black tar as a form of energetic attack. I found Etheric trash on the car and trackers from the person because the person had demonic essences. All Etheric Because they were vaccinated connected into the nearest 5g tower.

Florida (DeFuniak Springs) MARCH-APR4 2024

- airbag system function light messed with and malfunctioning via helicopters hitting the car with EMFs. We would have a helicopter pass , go check the car and the car function lights would be messed up.
- Possession on host to see and meet us
- Pulsing of roof , mouse found its way into the attic - created an annoying noise campaign of a mouse running around
- Mind control Hosts to come to the property constantly. Wanting to meet us.
- Black helicopters , military everyday.
- Weather manipulation, always timed storms when doing grid working projects. Thunder being used as communication with V2K tech.
- Microwaved genitals , microwaved eyes, all lashes fell out and became ultra thin. Regrowing them now via subliminals and castor oil. (**this was when I was building my plasma luminary eyes, fully illuminated dragon eye**)
- controlled sleep patterns through satellite beams. Artificial induced alertness, 24-48 hours no sleep body on artificial speed, waiting to get sleepy again.
- Artificial Earthquakes and shaking of the house below us
- Our Instacart was beginning to be messed with. Every person we would get to buy our food would bring it to us warm, mess up the entire order- buy non organic foods that were never going to be eaten and then when we would try to get a refund Instacart would tell us we can't. From there on we haven't been able to get any refunds for things that they messed up. Cash grabbed several times around food items.
- Called my mother and family members and finally told them about the targeted individual list and how I can not talk to you right now for TBD because of the death threats and use of mind control against my family members. (I know they aren't strong enough to fight off the mind control they are using - in order to create more family drama) I decided to just close that door that could be exploited so that I could focus on my service missions in the midst of all this going on.

Florida (Ocala) APR1-MAY1 2024

- Start of unmarked planes flying over the house , loud distinct sound , unmarked , white , personal planes

- Re-introduced sleeping in same rooms to test out dreaming situation. Halt on nightmares dreams. Bearable sleep , forced awake every 2/3 hours.
- Helicopters (5 in one day) helicopters started flying in the middle of the night at this location. 11 pm - 2 AM.
- Neighbors started acting really odd, every time I would go outside they would come outside too. It was noticeable here, or rather I started noticing it.
- AC unit and dishwasher repeatedly messed with and broken several times
- Microwaving of genitals
- For the first time a helicopter used X Ray technology against our body. Left us with severe headaches for a whole day (used an emf calibration to help)
- Controlled sleep patterns
- Drones flying over the house
- People coming up to the front door and walking away randomly
- Military Schnook flew three times over our house, I thought it was going to land in the backyard
- Every item we would order from Amazon would come messed up or not get delivered to us at all. Ordered four times an item in a glass jar and the bottom got blown out by a single round hole and all of the oil leaked out the blown hole. This happened three times.
- Helicopters deployed sleep gas- we worked out through the attacks so our body doesn't slow down

Florida (Kissimmee) MAY1- JUN2 2024

- Spy owls, spy haws, birds being used to spy on us relaying information into the astral dimensions and other planetary bodies home to negative alien groups
- Cessna Planes constantly over the house
- Helicopters in the middle of the night
- Timed lawnmowers and weed wackers when I'm meditating or doing sacred body work

Florida (Lehigh Acres) JUN 2-JUL 2 2024

- helicopters with spray tanks attached
- Chemical spray attempts
- Roof started leaking
- Weather warfare directed to run Us out of the house
- Helicopters 7 in ONE DAY !!! Over house.
- Noise campaigns , every single time I would lay down to meditate the neighbor would start playing the drums loudly and birds gawking so loud.
- Constant planes
- Minimum of 3 helicopters a day
- We started recording and documenting EVERYTHING at this location

Florida (Kissimmee) JUL2-AUG1 2024

- On the way to location 3 helicopters while driving

- Constant Planes mind controlled To go over the house
- AC unit manipulation
- Spy Owls & Hawks - birds being used as a noise campaign. These hawks would screech over and over and over again similar to a recorded loop. Extremely noticeable. Owl would only come fly to a near branch as soon as I (Riza) would come outside. I have also noticed while on this list that people try to see me and meet me , not so much my husband. It's like everyone has this odd fascination about me that ain't right. Sometimes I feel the vaccine scanning around for my code from inside peoples bodies. Ai code software stuff.
- Helicopter JUL. 14 2 AM constant circling for brain mapping for about an hour, woke up to it over the house. Trying to read all of our biometrics to upload us to AI servers- failed attempt
- Brain was extremely fuzzy and "felt melted" medulla and occipital area of my brain. My brain waves are still oscillating at a high rate though. It felt like what it feels like to get a MRI. Like a million different insert points moving in and out of the brain.
- Helicopter JUL26 constant orbiting for two hours trying to conduct brain mapping. Footage of it following us.
- Helicopter JUL30 constant orbiting by two helicopters trying to do brain scanning.

Florida (Kissimmee) AUG1- SEPT 2024 (this is where pt.5 Timeline of attacks would pick up off of)

- Making of the Emerald Toolkit, extreme sleep deprivation and dream harassment, bodily attacks to my husband to force his body to create diseases and pain
- Weather warfare, manmade tropical storm "Debby" pointed entirely where are location is. Had to dismantle the storm with my conscienceness. Debby started forming 5 days after some Paradisian edenic crystal cavern grid working projects involving all Florida coastal crystal sands/ caverns.
- Bounty alert for our brain signatures
- Brute force emf weaponry to change our brain waves for brain mapping via helicopters. Brain mapping with ELF's and beaming with Radome system terraforming.
- Laser from satellite keeps breaking AC. Constant 77-78' degrees. Uncomfortable, sticky and hot
- EMF weaponry to my endocrine system so that I am always cold and my husband is sweating all the time.
- All police counties across the state are using brute force emf weaponry against our bodies and trying to get our brain signatures using a Radome system mounted on the helicopter. 2D imaging into a 3D imaging brain mapping spacial computing program
- TI Evidence - In-depth overview of Brain Mapping and Terraforming with Radome Systems

https://youtu.be/bcs_2EtcVEk

- anybody we tell about this doesn't believe us and gaslights us... I am trying to speak as loud as I can about this and get some one to start investigating deeper about this. They beam steer our bodies so bad, we live under Mylar blankets daily and never can leave the house. I don't want to be seen without my Mylar blanket in order to deflect their attacks. I've been speaking so loud about this and no personal investigator believes us. They just all think we are kooks. Have lost it and gone crazy.

- Puked twice from radiation poisoning. Appetite is gone. Fascia is dehydrated. Head hurts. Heart hurts. Entire body is just being penetrated. I have all the evidence who is doing it. I wake up with bruises all over my body now. I feel beat up and battered sometimes.
- Been trying to reach out to people with the evidence that we have and doors just keep getting slammed in our face. People aren't willing to listen or even believe us.
- Bought a tent to cover in Mylar. This is my new form of defense with the beam steering from the Radome systems
- Husband is experiencing Torture through forced orgasm. Attempt to force him to ejaculate while sleeping. Spill all life force energies that we have been building. 2 forced orgasms from porn style dream harassment.
- Giardia Protozoa forced through Etheric parasitic infestation from the beam steering. An entire wave of Spiritual deliverance sessions to address what is going on.

I am choosing to close out all logs as of AUG 27 2024 in order to free up more space in my field to create projects that are in higher alignment with my highest and purest truth.